



Design your destiny

with

creative digital family stories that leave a legacy . . .

Stories influence, inspire and shape our lives both consciously and unconsciously. Seen through the lens of photography within a socio-cultural context, our family stories can stimulate creative cohesion to strengthen familial ties. Positioning ourselves as protagonists within a larger narrative, we can create cultural capital for an inter-generational legacy, avoiding loss and fragmentation of our self and social identity.

Questions you will explore on this course

- Who am I?
- What do I need to do in life?
- How can I express my creativity to generate value?

Benefits you will achieve

- Strengthen your self-identity
- Clarity of purpose and values
- Greater confidence and courage through effective communication

Creative outcome

By the end of this 12-week course, you will have created a video, poster and an e-book, constructing a digital family story, illustrating inter-relationships from multiple perspectives. The transformative emergence of creative patterns, through connecting and reconnecting the dots, can create valuable cultural capital, transferring family values across generations.

Tutor

This course is taught by Dr Jesvir Kaur Mahil, the Director of University for Life. She has over 35 years' teaching, coaching and consulting experience in Further Education Colleges in the UK. Dr Mahil is the author of several books being sold on Amazon.com and is currently writing "Sikhs of Stafford: A photo story of Sikhs in Stafford from 1950 to 2020", which is an example of digital stories designed to leave a legacy.

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