

Learn to be Luckier!

Lesson 7: Lucky people are grateful for their luck and expect to get luckier.



As you learn to develop an “attitude of gratitude” you will begin to feel and see evidence of your luck in life growing day by day.

Exercise 7: How strong is your attitude of gratitude?

What is there in your life that represents how lucky you are already?

What would be evidence for you that you are getting luckier?

Create a treasure board with images that represent how lucky you have been up to now and then add images that would mean you are getting even luckier

At the beginning of each week, month, year, make another version of the treasure board by adding, replacing and modifying your images.